The Hong Kong College of Gerontology Nursing

Annual Report 2014-2015

The President's Report

Time flies and we are now in the Annual General Meeting of 2015! May I take this opportunity to update you some of our College's major achievements in 2014.

In meeting with the ever-challenging health care system and the complex community environment, we have invited Professor Sophia CHAN, Under Secretary for the Food & Health Bureau, the Government of the HKSAR, as the Keynote Speaker for our 2014 Annual Scientific Meeting and shared his foresight with us on "Strength & Opportunity for Elderly Healthcare" at our 8th Annual Scientific Meeting on May 31st 2014. The Scientific Meeting has received an overwhelming response of over 100 participants. Our Fellows and members have also shared their successful contribution in various clinical projects/ works and excellent updates of their current nursing practice innovations.

We have collaborated with the Hong Kong Geriatrics Society and "Abbott" to conduct the Seminar of "Nutrition & Healthy Aging: improving muscle and cognitive health" on June 16th 2014 with more than 110 College Members participated. Dr Jean-Pierre Michel has been invited as the Expert Guest Speaker for this event.

During 2014, our College has successfully launched the CNE Update Course in Common Mental Health Problems in Geriatric Patients in Clinical Settings: Dementia, Delirium & Depression as a joint-handed program with the HK Association of Gerontology. They are more than 40 participants enrolled in such program.

Moreover, I am delighted to inform you that our College first Journal Club Meeting had also been conducted fruitfully on November 25th 2015 with more than 40 Fellow participants. The Journal Club topic at that time was "Insertion & Care of Urethral Catheter". The second Journal Club Meeting was also held in March 2015 on the topic of "Dementia Care" with around 30 attendees. I would like to express my heartfelt appreciation to all the members of our Journal Club Working Group and the excellent leadership from the Working Group Convenor, Ms. Joan HO.

May I take this opportunity to send my deepest gratitude and thank all our devoted Council Members for their wholehearted support to the College and brilliant, good works in past years? Our College could not be so visible and resourceful to our members without their wonderful, dedicated contributions.

With this, I end my report!

Anders YUEN President (2014-16), Hong Kong College of Gerontology Nursing May 30th 2015

Introduction

The Hong Kong College of Gerontology Nursing Limited (HKCGN) operates as a voluntary and nonprofit making professional organization to strive towards excellence in the provision of quality services for older people in Hong Kong.

It aims to fulfil this mission through four objectives:

- **4** To enhance the knowledge and expertise in gerontological nursing.
- **4** To promote understanding, communications and welfare of nurses working for older people.
- 4 To develop a local identity of gerontological nurses, and
- **4** To initiate and develop continuous gerontological nursing education and nursing research.

Membership of College Council and Committees

The membership of the College Council 2012-2014 composes of 18 members, including one President, three Vice-Presidents, two Honorary Secretary, two Honorary Treasurers, and ten Council Members. Within the HKCGN, there are 5 major committees, each represented by a convenor and its members. These include the Accreditation Committee, Education Committee, Professional Development Committee, Promotion and Public Relations Committee and Registration and Membership Committee.

HKCGN Council 2014-2016

President	Mr. YUEN Chi Man, Anders	
Vice Presidents	Ms. HO Kam Yee, Joan Dr. LOW Lisa Pau Le Ms. LEE Siu Ching, Patricia	Convenor, Professional Development Committee Convenor, Accreditation Committee Convenor, Education Committee
Honorary Secretary	Ms. LEUNG Yin Ling, Ruth Ms. CHENG Po Po, Peggy	Convenor, Registration & Membership Committee
Honorary Treasurer Members	Dr. LAW Po Ka, Noble	
	Ms. CHAN Mei Wai	
	Ms. IP Kam Tin, Regina	
	Ms. LUK Po Chu, Bella	
	Ms. MAK Po Kit, Flora	
	Ms. PANG Chui Ping, Phyllis	
	Dr. PAU Mei Lin, Margaret Dr. SIU Lai Sheung, Katherine	
	Mr. TSANG Kam Wing, Edwin	
	Dr. YUEN Yuet Sheung, Carol	Convenor, Promotion & Public Relations Committee

Terms of Reference of Committees

Accreditation Committee

- 1. To establish, monitor and enforce the standards of the HKCGN.
- 2. To recommend to the Hong Kong Academy of Nursing (HKAN) the criteria and procedures for accreditation HKCGN to be an Academy College.
- 3. To work closely with the HKAN Council in undertaking the accreditation processes and to address the recommendations.
- 4. To make policy recommendations to the HKAN Council in respect of the standard of specialist gerontological nursing practice and education.
- 5. To keep under review the existing policy and process of accreditation of HKCGN, and to make recommendations to the HKAN Council for improvements when required.

Education Committee

- 1. Coordinate and monitor the programmes of postgraduate education and training and continuing nursing education.
- 2. Develop specialty training program curriculum for admission of Fellow in the HKCGN.
- 3. Prepare Membership Certification Examination.
- 4. Report to HKAN Education Committee on matters related to the curriculum requirements for accreditation.

Professional Development Committee

- 1. To review the domain of specialist nursing practice.
- 2. To develop the Code of Professional Conduct and Code of Ethics for specialist nursing practice in accordance with international standard.
- 3. To identify the trends in specialist nursing practice and education.
- 4. To identify the overall cross-specialty continuing educational needs of nursing specialists and to organize courses/programs for related continuing specialist nursing education and research in collaboration with concerned parties.
- 5. To identify strategies to prepare for future developments including health care services delivery and professional development needs.
- 6. To advise and recommend to the Council on guidelines, frameworks and policies relevant to advanced nursing practice and advanced practice nurses.
- 7. To advise on college examination and certificate policy.
- 8. To approve recognized training programs and training institutes.

Registration and Membership Committee

- 1. To assess the applications for entering the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 2. To assess the applications for recertification into the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 3. To assess the applications for the restoration of names to the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 4. To update the Fellow membership list to the Academy of Nursing in order to recommend approval or rejection of these applications.
- 5. To consider the various matters relating to the granting the Fellow membership to the applicants.

Promotion and Public Relations Committee

- 1. To foster a positive image of the College to professionals & the public.
- 2. To plan ongoing activities of public relations via College activities, and if necessary, the media (e.g. issuing press release).
- 3. To clarify view points of the College to relevant parties with endorsement from the Council.

Committees Reports

Accreditation Committee

A large part of its work has been to work closely with the Provisional Academy of Nursing of Academy in understanding the requirements and to prepare the submission of a self-study report to apply for accreditation as an Academy College. The Committee has also been busily involved in the College's own Continuing Nursing Education workshops and seminars. The Committee is also working to submit an application to the Nursing Council of Hong Kong to be re-accredited as a CNE Provider Unit.

Education Committee

The Specialty Training Program Curriculum in Gerontological Nursing has been prepared. Feasibility of clinical practicum in various local training centers will be further explored in the future. Moreover, representative of council member attended "Multiple-choice Questions Writing Workshop" which is organized by the PHKAN.

Professional Development Committee

Under the PDC, we established 'HKCGN Journal Club Subcommittee' in August 2014 with the aims to enhance the knowledge and expertise in gerontological nursing, and to promote evidence-based practice and research. We have conducted the Journal Club Meeting quarterly with the first meeting kicked off in Nov 2014. Subsequent meetings have been carried out in March and June 2015. The topics shared and discussed included:

- 1. Contemporary Care on Continence.
- 2. Dementia Care: Personhood and Wellbeing Early Awareness of Major Neuro-cognitive Disorder Related to Lifestyle.
- 3. Evidence-based Practice in Nutritional Care A Practical Screening Approach to Detect Malnourished Elders; Nutrition in Elderly with Mild Cognitive Impairment.

Promotion and Public Relations Committee

Two Newsletter Issues were published in 2014, namely the July and December Issues. For each Issue, more than 1500 copies were produced and distributed to health professionals and carers for the elders via hospital settings, NGOs and residential care homes for the elderly.

The College Newsletter serves as platform for the health professionals and carers for the elders to share their successful collaboration projects and excellent updates of their current nursing practice innovations striving to increase efficient and effective nursing practice in elder care.

Registration and Membership Committee

The HKCGN have 98 fellow members successfully completed their renewal process. According to the record, 6 fellow members fail to renew their membership due to various reasons, such as retirement, change of working post and immigrate to other country. In the coming future, HKCGN would support all eligible HKCGN members who have fulfilled the College's admission criteria to register as Ordinary members, and apply for Fellow member by going through a series of education program, examination and supervised practice in an area of specialization in a training site accredited by the Hong Kong Academy Nursing.

College Educational Activities

Through the College's commitment to operate Continuing Nursing Education programme and educational activities, the HKCGN has been very active and carefully selected activities that can address a range of issues pertaining to the health, care and well-being of older people. A summary of the 2014 activities are summarized below.

HKCGN 8th Scientific Meeting cum AGM 2014 "Strength and Opportunity for Elderly Healthcare"

Professor Sophia Chan, under Secretary for the Food & Health Bureau, HKSAR was invited as the Keynote Speaker at the event. Ms. Alice Chiu, Accreditation Officer from the Hong Kong Association of Gerontology, was also invited to speak. There were also free paper presentations and poster presentations.

Nutrition & Healthy Aging: Improving Muscle & Cognitive Health

The HKCGN co-organized a seminar with Abbott and the Hong Kong Geriatrics Society. In this event, Dr. Jean-Pierre Michel, the Honorary Professor of Medicine, Geneva Medical School and University Hospitals, Switzerland Past President, European Union Geriatric Medicine Society presented the above seminar in June 2014.

Common Mental Health Problems in Geriatric Patients in Clinical Settings: Dementia, Delirium & Depression

This is the first series of CNE update course which is jointly organized with the Hong Kong Association of Gerontology. Renounced speakers were invited to share their knowledge and expertise from 15 November to 27 December 2014.

Sharing on Contemporary Continence Care for the Elderly

Ms. CHAN Sau Kuen, KEC Nurse Consultant (Continence) and Dr. WONG Kar Yan Alice, Assistant Professor, School of Nursing at the Hong Kong Polytechnic University presented inspiring talks at the sharing session in December 2014.

Dementia Care: Personhood and Wellbeing

Ms. Cheng Po Po, Peggy (Nurse Consultant in Gerontology and Ms. Woo Chui Ping (APN in Psychogeriatric) presented a thoughtful sharing sessions to the audience in March 2015.

CNE Update Course in Management of Skin and Related Problems in Geriatric Patients

A second series of CNE update course was conducted in joint collaboration with the Hong Kong Association of Gerontology from 4 March to 15 April 2015.

Medication Safety Training Program

A joint-handed programme with the Hong Kong Association of Gerontology was conducted by various speakers on 22 April to 10 June 2015.

CNE Update Course in Common Mental Health Problems in Geriatric Patients in Clinical Settings: Dementia, Delirium & Depression

This is the third series of CNE update course that was jointly organized with the Hong Kong Association of Gerontology in 7 May to 11 June 2015.

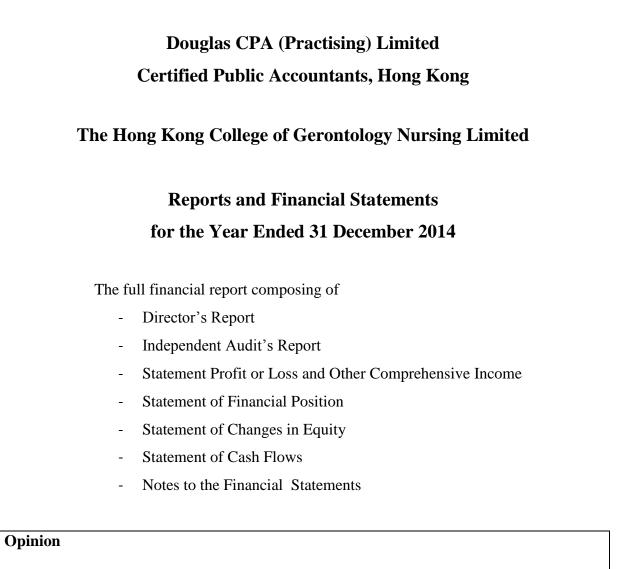
HKCGN 9th Scientific Meeting cum AGM 2014 "Adding Life to Years"

Dr. Wong Chun Por was invited as the Keynote Speaker at the event on 30 May 2015. There were also free paper presentations and poster presentations.

3rd Journal Club sharing: Evidence-based Practice in Nutritional Care

Ms. Flora Mak (DOM, TWEH) and Ms. Veronica Fung (APN, RHTSK) were invited as our guest speakers to deliver a talk to the audience that generated a fruitful discussion on 22 June 2015.

Financial Report



In our opinion, the financial statements give a true and fair view of the state of the College's affairs as at 31st December, 2014 and of its surplus and cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards and have been properly prepared in accordance with the Hong Kong Companies Ordinance.

Douglas CPA (Practising) Limited Certified Public Accountants Hong Kong : 8th May, 2015 Tsang Kwong Yip Practising Certificate No.: P040764