



香港老年學護理專科學院 Hong Kong College of Gerontology Nursing



**GPO Box 657
Hong Kong**



hkcgcn.com.hk

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Issue 34 August 2025



2024-2026 Council Member with Honourable Guests

Content

- ◆ **President's Report**
- ◆ **Annual Scientific Meeting**
 - ◆ **Sharing from Keynote Speakers**
 - ◆ **AGM**
- ◆ **Advanced Gerontological Nursing Program**
- ◆ **International Nurses Day Celebration Dinner**
- ◆ **Hong Kong Geriatrics Society Annual Scientific Meeting**

Editorial Board

Promotion & Public Relations Committee



香港老年學護理專科學院
Hong Kong College of Gerontology Nursing

President Report

2024 to 2025 was a **busy year** for our college.

I take this opportunity to share with you HKCGN 's 2024-2025 Annual report which activities that have gone through, included various **training and development** ...



My Dear College Members,

We had organized four "Journal Club" forum in 7/24, 9/24, 11/24 and 1/25. Each forum covered different gerontology nursing professional in depth practice issues and introduced the role of District Health Centre. All members were well received.

We had co-organized with Hong Kong Continence Society to conduct a seminar in 9/2024 and a full day workshop in 2/25 "The Continence Care Pathway: High resolution Anorectal Manometry, urodynamic studies and many more" Such workshop was successfully held with 68 participants for theory morning session and 50 participants for the afternoon workshop.

We visited Ventria Residence on 11/24 which is conceive as a medi-hotel-like facility with a senior hostel and Residential Care Home for the elderly. During the visit, we can see how a private community setting integrates modern living, medical and nursing care and recreational programs all in one place.

A half day CNE talk on Dementia had conducted at HKANM in 2/2025.



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President Report



We also organized 3 days visit tour to Mainland China with 41 participants from 28/2/25 to 1/3/25. We visited 3 different hospitals

深圳新風和睦家醫院, 中山陳星海中西醫結合醫院 和 廣東省中醫院,

all of them accept Hong Kong Health Care Voucher. We shared the Gerontology Care in Hong Kong and in return they broaden our knowledge about Mainland China hospital present status and their future plan in developing Community Nursing Service in Guang Dong.

We conducted Advanced Gerontological Nursing Program from 12/4 to 10/5/25 with 12 CNE points. The program was successfully with 71 participants.

HKCGN supported 1 member to grant training subsidy from HKANM for attending 30th ICN congress in Finland in 6/2025.

Our college has been reaccredited as a CNE provider successfully which last for 3 years (2025-2028).

E banking of Nanyang Commercial Bank had been completed in 4/2025.

In the coming 21/6/25 HKCGN will be the co-organiser to the Hong Kong Geriatric Association Annual Scientific Meeting with title "Advances in Geriatric Medicine: Innovations, Challenges and Future Direction".

The last, I would like to send gratitude and my heartfelt thanks to our devoted Council Committee who have all worked tirelessly towards the goal of HKCGN. We look forwards to hearing your insights and work collaboratively to achieved our shared goals.

Thank you very much!

CHAN Sau Kuen, Becky



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Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium

Aging with Grace:
Redefining Care in the Community

優雅共享：社區護老新里程

KEYNOTE Speakers



**Inappropriate Drug Use and
Deprescribing for Elderly
Patients - The Current Situation
in Hong Kong**

Ms. CHIANG Sau Chu

Director,
Hong Kong Pharmaceutical Care Foundation

Date: 17 May 2025
(Saturday)

Time: 09:00 - 14:00

Venue: Crystal Ballroom,
2/F, The Cityview

Aging Gracefully in Style

Dr. Noble LAW

Director - Nursing,
Ventria Residence





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Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium

Warm
Reception



Souvenir





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Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium

Keynote Speakers
Honourable Guests



Council Members
with
Honourable Guests





香港老年學護理專科學院
Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium



Ms CHAN Sau Kuen, Becky
President



(L) Ms CHAN Sau Kuen, Becky, President
(R) Ms CHENG Po Po, Peggy, Hon. Secretary



Dr PANG Cho Kwan, Rebecca
Master of Ceremony



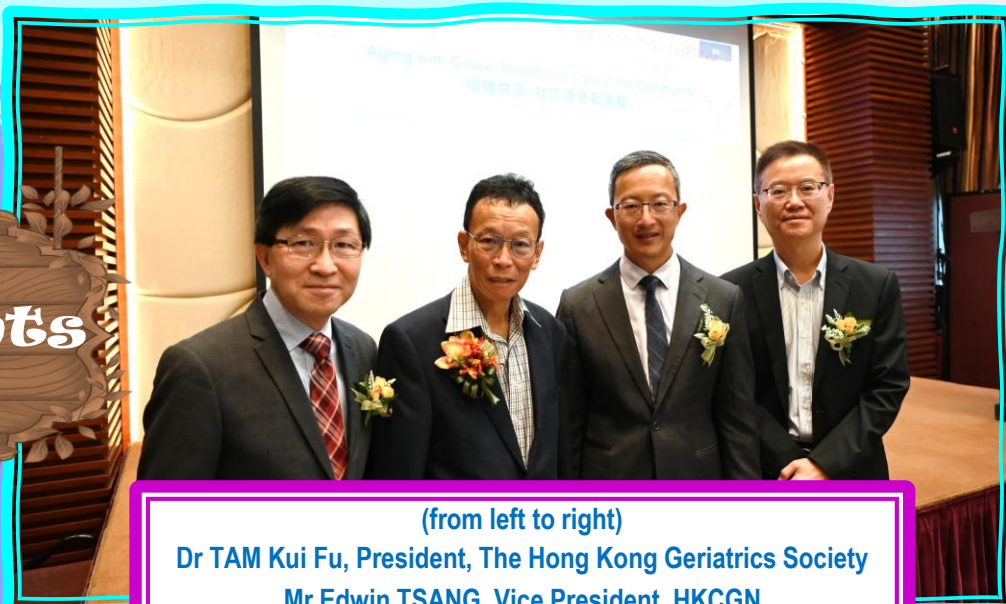
Dr LEE Fung Kam, Iris
Master of Ceremony



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Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium

Snapshots



(from left to right)

Dr TAM Kui Fu, President, The Hong Kong Geriatrics Society

Mr Edwin TSANG, Vice President, HKCGN

Dr the Hon David LAM Tzit-yuen

Dr James LUK, Honourary Advisor, HKCGN





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Annual General Meeting cum Symposium



**Inappropriate Drug Use and
need for De-prescription in Elderly Patients:
The current situation in Hong Kong**



Ms CHIANG Sau Chu
BPharm (Hons)., MHA,
FHKCHSE, FACHSM, FCPP,
FSERA Chairman cum Director

Collaboration and Care co-ordination

- **Summarise agreed care plan**
- **Communication & Coordination**
- **Monitoring and follow up**
 - **Withdraw slowly & sequentially**
- **Record and share information**
 - **Relatives , geriatricians, specialist clinicians, GPs, Nurses, carers pharmacists, community pharmacists, dietitians, social care providers, patient discharge teams**

Annual General Meeting cum Symposium



Inappropriate Drug Use and need for De-prescription in Elderly Patients: The current situation in Hong Kong



主辦機構：



贊助機構：



香港賽馬會慈善信託基金

香港賽馬會社區資助計劃 長者使用藥物支援及教育計劃

社區長者藥物管理服務

費用
全免

服務特色

專業的藥劑師提供：

- 一對一的藥物諮詢
- 個人化服務藥物管理
- 藥盒包裝及整理

提高病人服藥的依從性，同時方便照顧者及其他醫護人員掌握病人服藥的情況

合作機構計劃流程

- 轉介合資格人士予本會藥劑師跟進，填寫轉介表格或網上申請表格
- 為參加者提供合適的場所作為藥物諮詢

- 令藥劑師更準確掌握參加者的藥物記錄，我們鼓勵參加者/代理人先行登記「醫健通」，以增加服務的質素和效率。

對象

- 65歲或以上
- 有2種或以上慢性疾病
- 多重用藥 (≥ 5種藥物)
- 長者或其照顧者有足夠的溝通及理解能力

機構 / 個人申請方法

機構：將填妥的參加者轉介表格
電郵到 mmets@pcfhk.org，或
傳真至 3619 0016，或

個人：掃描二維碼填妥參加者網上申請表格



基金網站：



網上申請：



Annual General Meeting cum Symposium



Inappropriate Drug Use and need for De-prescription in Elderly Patients: The current situation in Hong Kong



Assess Needs and Review Therapy

- **Perform Medicines reconciliation**
- **Check relevant information Patient's narrative of their experience**
 - **identifies problems, priorities, impact on daily life**
- **Define overall goals & priority for the review**
- **Review the research evidence e.g. STOPP START, NICE clinical database**
- **Apply clinical judgement and personalise therapy**



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Annual General Meeting cum Symposium

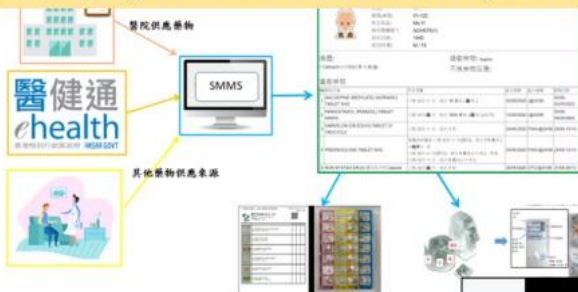
**Outreach service to Community Elderly :
Capture Medication Information Systematically**



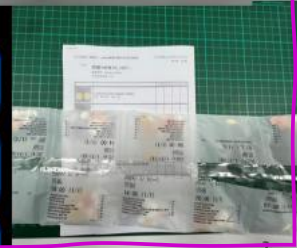
President presents
Souvenir to
Ms CHIANG Sau Chu

**Building up the elderly's individual medication list
for pill box pouch packaging service for community elderly**

Building up the elderly's individual
medication list for pill box / pouch
packaging service for community elderly



沒有圖片				過敏藥物 Warfarin (Rash) 不良藥物反應 Nil			
5月 27 (一)	早(07:00) ●×1	早(08:00) ●×23	午(14:00) ●×9	晚(20:00) ●×14	晚(22:00) ●×1		
5月 28 (二)	早(07:00) ●×1	早(08:00) ●×18	午(14:00) ●×9	晚(20:00) ●×14	晚(22:00) ●×1		
5月 29 (三)	早(07:00) ●×1	早(08:00) ●×23	午(14:00) ●×9	晚(20:00) ●×14	晚(22:00) ●×1		





香港老年學護理專科學院
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Annual General Meeting cum Symposium



Aging Gracefully in Style



Dr. Noble LAW
RN, BN, DNurs,
FHKANM (Gerontology),
MBA (Health Services Management)
Superintendent & Nursing Director
Venturia Residence

What Influences Health in Old Age?

Individual



Behaviour



Age-related
changes



Genetics



Disease

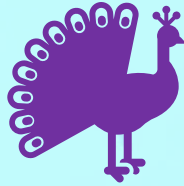
Environment

- Housing
- Assistive technologies
- Transport
- Social facilities
- Government policy



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**Aging Gracefully
in Style**



Challenges and Opportunities



Building communities that promote healthy aging, social connection, and inclusion

The 8 Domains of Age-Friendly Communities (Adapted from the WHO).



transportation



respect and
social inclusion



communication
and information



outdoor spaces
and buildings



community support
and health services



social
participation



civic participation
and employment



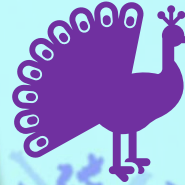
housing



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**Aging Gracefully
in Style**



**Embrace the Journey with
Confidence**

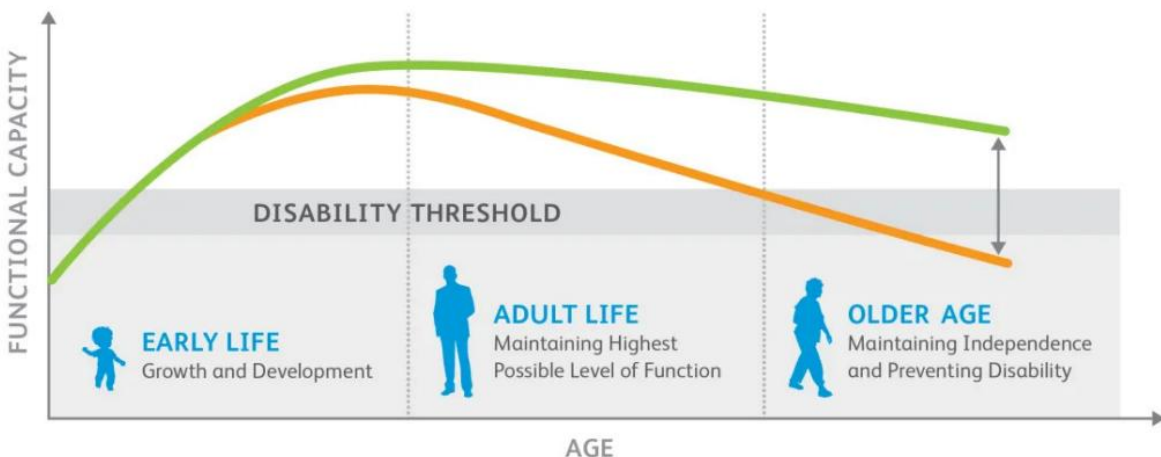
**Take Charge of Your Own
Ageing**

Healthy Ageing

**The World Health Organization (WHO)
has defined healthy ageing
as a process of
maintaining functional ability to
enable wellbeing in order age.**

Functional Capacity

Aging in better health across the life course can reduce disease and disability in older age.



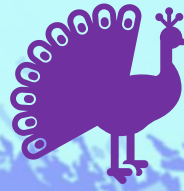
Source: Adapted from Kalache, A., Kickbush, I. A Global Strategy for Healthy Ageing. World Health, 1997 50(4)-5.



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**Aging Gracefully
in Style**

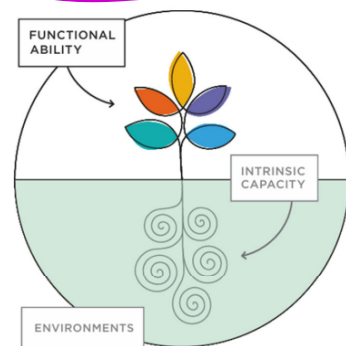


President presents
Souvenir to
Dr Noble LAW

Ageing Gracefully in Style
自信優雅 歲月增輝

Four action areas:

- change how we think, feel and act towards age and ageing;
- ensure that communities foster the abilities of older people;
- deliver person-centred integrated care and primary health services that are responsive to older people;
- provide access to long-term care for older people who need it.



**DECADE OF
HEALTHY AGEING
BASELINE REPORT**



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Annual General Meeting cum Symposium

Sharing
and
Discussion



Dr James LUK
Honourary Advisor



Ms. CHENG Po Po,
Honourary Secretary





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Sharing
and
Discussion

Prof Claudia LAI
Honourary Advisor



Dr TAM Kui Fu,
President of
The Hong Kong Geriatrics Society





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Sharing
and
Discussion





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Annual General Meeting cum Symposium

President Ms. Becky CHAN,
officially announced
the start of AGM

A G M



Annual
review

Hong Kong College of
Gerontology Nursing
2025



果碩累累, 收

(left) Honourary Treasurer
Ms. LAW So
(right) Honourary Secretary
Ms. LEUNG Yin Ling, Ruth





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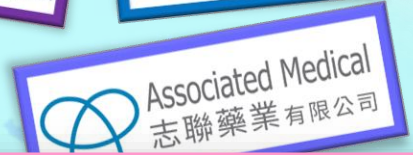
Annual General Meeting cum Symposium





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Annual General Meeting cum Symposium





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Annual General Meeting cum Symposium



Booth
Display





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Booth
Display





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Annual General Meeting cum Symposium

Dr Noble LAW
(Vice President)
presents Souvenir to
Our Sponsors

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HONG KONG COLLEGE OF GERONTOLOGY NURSING
2025 ANNUAL SYMPOSIUM CUM AGM
Aging with Grace: Redefining Care in the Community
優雅共享：社區護老新里程
17 May 2025



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HONG KONG COLLEGE OF GERONTOLOGY NURSING
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Hong Kong College of Gerontology Nursing

Annual General Meeting cum Symposium

(left) Dr Edwin TSANG
(Vice President)
presents Souvenir to
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Our
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(left) Dr Rebecca PANG
(Vice President)
presents Souvenir to
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香港老年學護理專科學院
Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025



Ms. Becky CHAN,
President

*officially announced
the Commencement of
the Program*



Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025

Deadline for enrollment: 5 April 2025

Limited quota! First come, first served.



- Date: 12 April, 26 April, 3 May and 10 May 2025 (Saturday)
- Time: 14:00 – 17:00
- Venue: G08 (Lecture Hall), School of General Nursing, Queen Elizabeth Hospital, Jordan, Kowloon, Hong Kong

- Target participants:
Nurses and health care workers interested in gerontological nursing
- Mode and language:
 - Face-to-face lectures
 - Course materials: English
 - Presentation: Cantonese

- Awards/CNE:
 - Certificate of attendance: Participants with ≥ 80% attendance
 - CNE: 12 (Pending)

- Programme fee:
 - HKCGN member: HKD 1,000
 - Non-member: HKD 1,600

- Contents:
 - Mental health issues of older persons
 - Continence care, skin care and pressure injury care
 - Fall and bone health for older persons; and understanding self-supporting care
 - End-of-life care and medical social collaboration for elderly services

- Registration:
 - Fill in and upload payment receipt to the google form
 - Payment should be sent to:
 - Nam Yang Comm. Bank
 - Account name: Hong Kong College of Gerontology Nursing Limited
 - Account no.: 0434-9410-452066
 - Registration is confirmed until payment is settled



Apply NOW!

香港老年學護理專科學院
Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025

Great Thanks
to
Volunteer
Helpers





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Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025

Snapshots



Souvenir Presentation to Speakers





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Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025

Snapshots



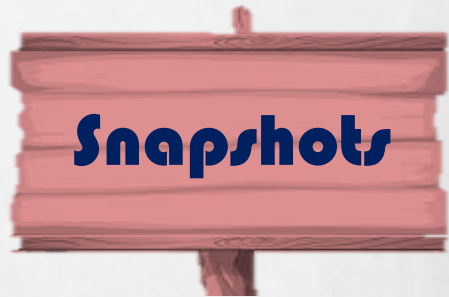
Souvenir Presentation to Speakers





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Hong Kong College of Gerontology Nursing

Advanced Gerontological Nursing Program 2025



Participants listen
attentively
during the class





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Hong Kong College of Gerontology Nursing

2025 International Nurses Day Celebration Dinner

10 May 2025
Saturday





香港老年學護理專科學院
Hong Kong College of Gerontology Nursing

2025 International Nurses Day Celebration Dinner



10 May 2025
Saturday





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Hong Kong College of Gerontology Nursing

Hong Kong Geriatrics Society Annual Scientific Meeting

Advances in Geriatric Medicine Innovations, Challenges, & Future Directions



Dr. Noble LAW
RN, BN, DNurs,
FHKANM (Gerontology),
MBA (Health Services Management)
Moderator

**21 June 2025
(Saturday)**



**Enabling Dying-in-Place in East Asian Communities
Panel Discussion and Q&A Session**



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Hong Kong College of Gerontology Nursing

Hong Kong Geriatrics Society Annual Scientific Meeting

**Advances in Geriatric Medicine
Innovations, Challenges, & Future Directions**

**21 June 2025
Saturday**

Snapshot

