

The Hong Kong College of Gerontology Nursing

Annual Report 2015-2016

Presídent's Report

My Dear College Members,

Time flies and we are now in the Annual General Meeting of 2016! May I take this opportunity to update you some of our College's major achievements during 2015-16?

In meeting with the ever-challenging health care system and the complex community environment, we have invited Dr WONG Chun Por, the ex-Presidnet of the Hong Kong Geriatrics Society, as the Keynote Speaker for our 2015 Annual Scientific Meeting and shared his foresight with us on "Adding Life to Years" at our 9th Annual Scientific Meeting on May 30th 2015. The Scientific Meeting has received a very positive response of over 100 participants. Our Fellows and members have also shared their successful contribution in various clinical projects/ works and excellent updates of their current nursing practice innovations.

We have also collaborated with the HK Geriatrics Society to conduct the Seminar of "Joint Symposium on Active Aging: Role of Nutrition and Exercise" on July 7th 2015 with nearly 60 College Members participated. Professor Jean WOO has been invited as the Expert Guest Speaker for this event.

During 2015, our College has successfully launched the CNE Update Seminar in "Pressure Ulcer Prevention & Care Updates". Ms. Melissa Gaye Ward, the Wound Care Specialist from Australia was the invited Guest Speaker for the event on 17th November 2015 and there were more than 100 College members enrolled in such Seminar.

Moreover, I am delighted to inform you that our College Journal Club Meetings have been conducting successfully in a 3 monthly interval with very overwhelming response from our College Fellows in past one year. Such Journal Club events have become our College's foundation for Continuous Professional Development (CPD) Activities in future. I would like to express my heartfelt appreciation to all the members of our College Journal Club Working Group.

May I take this opportunity to send my deepest gratitude and thank all our devoted Council Members for their wholehearted support to the College and brilliant, good works in past years? Our College could not be so visible and resourceful to our members without their wonderful, dedicated contributions.

With this, I end my 2015-16 Report !

Anders YUEN President (2014-16), Hong Kong College of Gerontology Nursing May 28th 2016.

Introduction

The Hong Kong College of Gerontology Nursing Limited (HKCGN) operates as a voluntary and nonprofit making professional organization to strive towards excellence in the provision of quality services for older people in Hong Kong.

It aims to fulfil this mission through four objectives:

- **4** To enhance the knowledge and expertise in gerontological nursing.
- **4** To promote understanding, communications and welfare of nurses working for older people.
- ↓ To develop a local identity of gerontological nurses.
- **4** To initiate and develop continuous gerontological nursing education and nursing research.

Membership of College Council and Committees

The membership of the College Council 2014-2016 composed of 18 members with cut-off date on 28/5/16. New membership 2016-2018 consists of 16 members. Both memberships of the committee include one President, three Vice-Presidents, two Honorary Secretary, Honorary Treasurers, and Council Members. Within the HKCGN, there are 5 major committees, each represented by a convenor and its members. These include the Accreditation Committee, Education Committee, Professional Development Committee, Promotion and Public Relations Committee and Registration and Membership Committee.

HKCGN Council 2014-2016 (Cut-off date 28/5/2016)

President	Mr. YUEN Chi Man, Anders	
Vice Presidents	Ms. HO Kam Yee, Joan Dr. LOW Pau Le, Lisa Ms. LEE Siu Ching, Patricia	Convenor, Professional Development Committee Convenor, Accreditation Committee Convenor, Education Committee
Honorary Secretary	Ms. LEUNG Yin Ling, Ruth Ms. CHENG Po Po, Peggy	Convenor, Registration & Membership Committee
Honorary Treasurer Members	Dr. LAW Po Ka, Noble	
	Ms. CHAN Mei Wai Ms. IP Kam Tin, Regina Ms. LUK Po Chu, Bella Ms. MAK Po Kit, Flora Ms. PANG Chui Ping, Phyllis Dr. PAU Mei Lin, Margaret Dr. SIU Lai Sheung, Katherine Mr. TSANG Kam Wing, Edwin Dr. YUEN Yuet Sheung, Carol	Convenor, Promotion & Public Relations Committee

HKCGN Council 2016-2018

President	Mr. YUEN Chi Man, Anders	
Vice Presidents	Ms. HO Kam Yee, Joan Dr. LOW Pau Le, Lisa	Convenor, Professional Development Committee
	Ms. LEE Siu Ching, Patricia	Convenor, Education Committee
Honorary	Ms. LEUNG Yin Ling, Ruth	
Secretary	Ms. CHENG Po Po, Peggy	Convenor, Registration & Membership Committee
Honorary Treasurer	Dr. LAW Po Ka, Noble	
Members	Ms Ho Shuk Kuen, Sabrina	
	Ms CHAN Sau Kuen, Becky	
	Ms. LUK Po Chu, Bella	
	Ms. MAK Po Kit, Flora	Convenor, Accreditation Committee
	Ms. PANG Chui Ping, Phyllis	
	Dr. PAU Mei Lin, Margaret	Convenor, Promotion & Public Relations Committee
	Dr. SIU Lai Sheung, Katherine	
	Mr. TSANG Kam Wing, Edwin	
	Dr. YUEN Yuet Sheung, Carol	

Terms of Reference of Committees

Accreditation Committee

- 1. To establish, monitor and enforce the standards of the HKCGN.
- 2. To recommend to the Hong Kong Academy of Nursing (HKAN) the criteria and procedures for accreditation HKCGN to be an Academy College.
- 3. To work closely with the HKAN Council in undertaking the accreditation processes and to address the recommendations.
- 4. To make policy recommendations to the HKAN Council in respect of the standard of specialist gerontological nursing practice and education.
- 5. To keep under review the existing policy and process of accreditation of HKCGN, and to make recommendations to the HKAN Council for improvements when required.

Education Committee

- 1. Coordinate and monitor the programmes of postgraduate education and training and continuing nursing education.
- 2. Develop specialty training program curriculum for admission of Fellow in the HKCGN.
- 3. Prepare Membership Certification Examination.
- 4. Report to HKAN Education Committee on matters related to the curriculum requirements for accreditation.

Professional Development Committee

- 1. To review the domain of specialist nursing practice.
- 2. To develop the Code of Professional Conduct and Code of Ethics for specialist nursing practice in accordance with international standard.
- 3. To identify the trends in specialist nursing practice and education.
- 4. To identify the overall cross-specialty continuing educational needs of nursing specialists and to organize courses/programs for related continuing specialist nursing education and research in collaboration with concerned parties.
- 5. To identify strategies to prepare for future developments including health care services delivery and professional development needs.
- 6. To advise and recommend to the Council on guidelines, frameworks and policies relevant to advanced nursing practice and advanced practice nurses.
- 7. To advise on college examination and certificate policy.
- 8. To approve recognized training programs and training institutes.

Registration and Membership Committee

- 1. To assess the applications for entering the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 2. To assess the applications for recertification into the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 3. To assess the applications for the restoration of names to the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
- 4. To update the Fellow membership list to the Academy of Nursing in order to recommend approval or rejection of these applications.
- 5. To consider the various matters relating to the granting the Fellow membership to the applicants.

Promotion and Public Relations Committee

- 1. To foster a positive image of the College to professionals & the public.
- 2. To plan ongoing activities of public relations via College activities, and if necessary, the media (e.g. issuing press release).
- 3. To clarify view points of the College to relevant parties with endorsement from the Council.

Committees Reports

Accreditation Committee

A large part of its work has been to work closely with the Provisional Academy of Nursing of Academy in understanding the requirements and to prepare the submission of a self-study report to apply for accreditation as an Academy College. The Committee has also been busily involved in the College's own Continuing Nursing Education workshops and seminars. The Committee is also working to submit an application to the Nursing Council of Hong Kong to be re-accredited as a CNE Provider Unit.

Education Committee

The Specialty Training Program Curriculum in Gerontological Nursing has been prepared. Feasibility of clinical practicum in various local training centers will be further explored in the future. Moreover, representative of council member attended "Multiple-choice Questions Writing Workshop" which is organized by the PHKAN.

Professional Development Committee

Under the PDC, we established 'HKCGN Journal Club Subcommittee' in August 2014 with the aims to enhance the knowledge and expertise in gerontological nursing, and to promote evidence-based practice and research. We have conducted the Journal Club Meeting quarterly with the first meeting kicked off in Nov 2014. Subsequent meetings have been carried out in March and June 2015.

The topics shared and discussed in 2015/16 included:

- 1. Contemporary Care on Continence.
- 2. Dementia Care: Personhood and Wellbeing Early Awareness of Major Neuro-cognitive Disorder Related to Lifestyle.
- 3. Evidence-based Practice in Nutritional Care A Practical Screening Approach to Detect Malnourished Elders; Nutrition in Elderly with Mild Cognitive Impairment.
- 4. End-of-Life Care for Older People
- 5. Latest Development in Gerontological Nursing, Research Perspectives
- 6. Person-centred care for older patients

Promotion and Public Relations Committee

Two Newsletter Issues were published in 2014, namely the July and December Issues. For each Issue, more than 1500 copies were produced and distributed to health professionals and carers for the elders via hospital settings, NGOs and residential care homes for the elderly.

The College Newsletter serves as platform for the health professionals and carers for the elders to share their successful collaboration projects and excellent updates of their current nursing practice innovations striving to increase efficient and effective nursing practice in elder care.

Registration and Membership Committee

The HKCGN have 98 fellow members successfully completed their renewal process. According to the record, 6 fellow members fail to renew their membership due to various reasons, such as retirement, change of working post and immigrate to other country. In the coming future, HKCGN would support all eligible HKCGN members who have fulfilled the College's admission criteria to register as Ordinary members, and apply for Fellow member by going through a series of education program, examination and supervised practice in an area of specialization in a training site accredited by the Hong Kong Academy Nursing.

College Educational Activities

Through the College's commitment to operate Continuing Nursing Education programme and educational activities, the HKCGN has been very active and carefully selected activities that can address a range of issues pertaining to the health, care and well-being of older people. A summary of the 2015-2016 activities are summarized below.

2rd Journal Club Sharing on Dementia Care: Personhood and Wellbeing

Ms. CHENG Po Po, NC (Gerontology) and Ms. WOO Chui Ping, APN (Psychogeriatric) were invited as our guest speakers to deliver talks. They shared recent studies on care of older adults to audience that generated a fruitful discussion on 23 March 2015.

HKCGN 2015 Scientific Meeting "Adding Life to Years"

Dr. Wong Chun Por, Geriatrician, was invited to provide updated skill and knowledge of quality care for older people on 30 May 2015

3rd Journal Club Sharing 2015 on "Evidence-based Practice in Nutritional Care"

Ms. Flora MAK, Founding Fellow (HKCGN) and Ms. Veronica FUNG, Founding Fellow (HKCGN) To share and appraise recent studies on care of older adults in order to update knowledge as well as skills in caring older adults on 22 June 2015

4th Journal Club Sharing 2015 on "End of life Care for Older People"

Ms Woo Lai Chun, APN of Shatin Hospital and Fellow (HKCGN) and Dr Noble Law, Professional Consultant of CUHK shared and to appraise recent studies on care of older adults on 21 Sept 2015

5th Journal Club Sharing 2015 on "Elderly Care: From Acute to Long Term Care"

Ms Clara Tsang was invited to share her expertise in elderly care of the related fields on 7 Dec 2015

1st Journal Club 2016 Sharing on "Patient Centred Care

Ms Joan HO, DOM of RHTSK and Ms Patricia LI DOM of Shatin Hospital, shared experience in caring older adults on 21 Mar 2016.

Incontinence Associated Dermatitis (IAD) & Skin integrity"

It was a CNE update seminar conducted in joint collaboration with the Hong Kong Association of Gerontology on 2 April 2016. It aimed to share the best overseas clinical practice related to incontinence associated dermatitis and skin integrity. The speaker was Dr. Mikel Gray, a Nurse Practitioner / Professor, from University of Virgina – Department of Urology

HKCGN co-organized a seminar with the Hong Kong Geriatrics Society on topic "Active Ageing : Role of Nutrition and Exercise"

Prof Jean Woo, Chairman, Department of Medicine and Therapeutics (Emeritus Professor of Medicine) The Chinese University of Hong Kong; Honorary Consultant Geriatrician, together with Mr. Gordon Cheung, President of Hong Kong Nutrition Association, were speakers to share updated knowledge on the important role of nutrition and exercise to attain healthy ageing on 7 July 2015

2nd Journal Club sharing 2016: Polypharmacy in Elderly Journal Club"

Ms. Eliza Lee and Ms. Ellen Wong were invited to share and appraise recent studies on the care of older adults on 20 Jun 2016. It targeted to acquire update knowledge and skill on care of older adults.

3rd Journal Club sharing 2016: "Complementary and alternative therapy to older people haring on o share and appraise recent studies on care of older adults.

Ms Margaret Pau and Ms. Ms Phyllis Pang were invited to share update knowledge and skill on care of older adults 19 Sep 2016

Financial Report

The Hong Kong College of Gerontology Nursing Limited			
Reports and Financial Statements for the Year Ended 31 December 2015			
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Douglas CPA (Practising) Limited Certified Public Accountants Hong Kong : 9th May, 2016 Tsang Kwong Yip Practising Certificate No.: P040764

in accordance with the Hong Kong Companies Ordinance.