

# **The Hong Kong College of Gerontology Nursing**

## **Annual Report 2017-2018**

### **The President's Report**

Our Founding Organization is the 'Hong Kong Geriatrics Nurses Association', which was first established in 1997 by a group of enthusiastic and dedicated gerontological nurses in Hong Kong. The Association was later renamed as the 'Hong Kong College of Gerontology Nursing' in January 2010. Since its inception in 1997, the College has provided a wide variety of educational courses, seminars and workshops which are specific to the care of older people with the aims to raise the awareness of carers and healthcare professionals with updated knowledge and specialized practices in the nursing of older people. Moreover, our College has been accredited as a Continuing Nursing Education (CNE) Provider by the Hong Kong Nursing Council since 2006.

The College Mission:

- 1) To strive towards excellence in the provision of quality services to older people in Hong Kong.
- 2) To enhance the knowledge and expertise in gerontological nursing.
- 3) To promote understanding, communications and welfare of nurses working for older people.
- 4) To develop a local identity for Hong Kong nurses who specialized in caring of older people.
- 5) To direct and initiate continuous gerontological nursing education and research activities.

In meeting with the ever-challenging health care system and the complex community environment, we have invited Dr James LUK, President of the Hong Kong Geriatrics Society, as our Keynote Speaker and shared his foresight with us on "Building a Sustainable Quality Gerontological Healthcare" at our 2018 Annual Scientific Meeting on May 26<sup>th</sup> 2018. This year our Scientific Meeting has received an overwhelming response of approaching 80 participants. In the event, our Fellows and members have also shared their successful collaboration projects and excellent updates of their current nursing practice innovations.

During 2018, our College has successfully launched the CNE Update Course in Elderly Abuse Issues, Counselling & Communication with elders, Medication Safety, Wound Care Management, Common Mental Health Problems in Geriatric Patients, Nursing management of skin & related problems as a kind of joint-handed programs with the HK Association of Gerontology. There are more than 40 participants enrolled in each program.

We had also collaborated with the "廣東省護士協會" to organize their Fifth Gerontology Nurse Specialist Certificate Training Course for the nursing colleagues of Guangdong province in 2018. Such Course was successfully held with more than 80 nurse specialist graduates for elderly care. Moreover, the Journal Club Sharing have also been conducted in 2018 with very overwhelmed respond. I would like to express my heartfelt appreciation to Professor Claudia LAI, Professor Helen CHAN, Ms Sabrina HO and Ms Catherine CHAN as our Journal Club Sharing would not be so successful without their dedicated support.

Anders YUEN  
President (2018-2020)  
Hong Kong College of Gerontology Nursing

## Introduction

The Hong Kong College of Gerontology Nursing Limited (HKCGN) operates as a voluntary and non-profit making professional organization to strive towards excellence in the provision of quality services for older people in Hong Kong.

It aims to fulfil this mission through four objectives:

- ✚ To enhance the knowledge and expertise in gerontological nursing.
- ✚ To promote understanding, communications and welfare of nurses working for older people.
- ✚ To develop a local identity of gerontological nurses.
- ✚ To initiate and develop continuous gerontological nursing education and nursing research.

## Membership of College Council and Committees

The membership of the College Council 2016-2018 composes of 18 members, including one President, three Vice-Presidents, two Honorary Secretary, two Honorary Treasurers, and ten Council Members. Within the HKCGN, there are 5 major committees, each represented by a convenor and its members. These include the Accreditation Committee, Education Committee, Professional Development Committee, Promotion and Public Relations Committee and Registration and Membership Committee.

## HKCGN Council 2018-2020

President	Mr. YUEN Chi Man, Anders	
Vice Presidents	Ms. HO Kam Yee, Joan	
	Prof. LOW Pau Le, Lisa	
	Ms. CHAN Sau Kuen, Becky	
Honorary Secretary	Ms. LEUNG Yin Ling, Ruth	
	Ms. CHENG Po Po, Peggy	Convenor, Registration & Membership Committee
Honorary Treasurer	Ms. LAW So	
Members	Dr. LAW Po Ka, Noble	
	Prof. Enid Kwong	Convenor, Professional Development Committee
	Ms. PANG Chui Ping, Phyllis	Convenor, Education Committee
	Dr. PAU Mei Lin, Margaret	
	Mr. TSANG Kam Wing, Edwin	
	Ms. HO Shuk Kuen, Sabrina	
	Dr. PANG Cho Kwan	Convenor, Accreditation Committee
	Dr. YUEN Yuet Sheung, Carol	Convenor, Promotion & Public Relations Committee
	Prof. LEE Fung Kam, Iris	
	Ms. LUK Po Chu, Bella	
Ms. WONG King Chi		

## **Terms of Reference of Committees**

### **Accreditation Committee**

1. To establish, monitor and enforce the standards of the HKCGN.
2. To recommend to the Hong Kong Academy of Nursing (HKAN) the criteria and procedures for accreditation HKCGN to be an Academy College.
3. To work closely with the HKAN Council in undertaking the accreditation processes and to address the recommendations.
4. To make policy recommendations to the HKAN Council in respect of the standard of specialist gerontological nursing practice and education.
5. To keep under review the existing policy and process of accreditation of HKCGN, and to make recommendations to the HKAN Council for improvements when required.

### **Education Committee**

1. Coordinate and monitor the programmes of postgraduate education and training and continuing nursing education.
2. Develop specialty training program curriculum for admission of Fellow in the HKCGN.
3. Prepare Membership Certification Examination.
4. Report to HKAN Education Committee on matters related to the curriculum requirements for accreditation.

### **Professional Development Committee**

1. To review the domain of specialist nursing practice.
2. To develop the Code of Professional Conduct and Code of Ethics for specialist nursing practice in accordance with international standard.
3. To identify the trends in specialist nursing practice and education.
4. To identify the overall cross-specialty continuing educational needs of nursing specialists and to organize courses/programs for related continuing specialist nursing education and research in collaboration with concerned parties.
5. To identify strategies to prepare for future developments including health care services delivery and professional development needs.
6. To advise and recommend to the Council on guidelines, frameworks and policies relevant to advanced nursing practice and advanced practice nurses.
7. To advise on college examination and certificate policy.
8. To approve recognized training programs and training institutes.

### **Registration and Membership Committee**

1. To assess the applications for entering the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
2. To assess the applications for recertification into the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
3. To assess the applications for the restoration of names to the Associate/ Associate Fellow/ Fellow membership and to recommend approval or rejection of these applications.
4. To update the Fellow membership list to the Academy of Nursing in order to recommend approval or rejection of these applications.
5. To consider the various matters relating to the granting the Fellow membership to the applicants.

### **Promotion and Public Relations Committee**

1. To foster a positive image of the College to professionals & the public.
2. To plan ongoing activities of public relations via College activities, and if necessary, the media (e.g. issuing press release).
3. To clarify view points of the College to relevant parties with endorsement from the Council.

## Committees Reports

### Accreditation Committee

A large part of its work has been to work closely with the Hong Kong Academy of Nursing in understanding the requirements and to prepare the submission of a self-study report to apply for accreditation as an Academy College. The Committee has also been busily involved in the College's own Continuing Nursing Education workshops and seminars. The HKCGN has successfully approved to re-accredit as a CNE Provider from the Nursing Council of Hong Kong as the period from 27 November 2018 to 26 November 2021.

### Education Committee

Since the establishment of HKCGN, the provision of quality educational courses and seminars for the advancement of professional gerontological nursing has been one of the core values of our College. Through the organization of our Journal Club Sharing Seminars, workshops and conjoint educational programs with the Hong Kong Association of Gerontology as well as the Annual Scientific Meeting, geriatrics nurses have been enriched with knowledge and were updated with new trends in gerontological care developments. On April 2018, HKCGN has successfully collaborated a joint program with 廣東省護士協會, conducting 粵港合作老年护理领域专科护士培训班理论课程 in Guangchau. It was a fruitful experience and several Hong Kong speakers had participated in conducting lectures with great appreciation and receiving warm hospitality from Guangdong organizer. Moreover, the Curriculum for Fellowship Program in Gerontological Nursing has been prepared for submission to the Hong Kong Academy of Nursing in 2019.



The New Council (2018/2020) & Invited Guests  
in HKCGN Scientific Meeting cum AGM



Snap Shot with Guangdong participants in April 2018

## Professional Development Committee

The PDC has worked with the Education Committee to compile the Curriculum for Fellowship Program in Gerontological Nursing in order to fulfill the criteria for Re-accreditation as an Academy College on or before the end of 2019. The College has conducted the Journal Club Meeting quarterly since November 2014. The topics we shared and discussed in 2017/2018 included:

- Research appraisal by Prof. Claudia Lai
- Advance Care Planning by Prof. Helen Chan
- Frailty Screening by Ms. Sabrina Ho
- Elderly and Technology by Ms. Catherine Wong

Hence, the **CNE Update programs with Hong Kong Association of Gerontology** are:

- Elder Abuse and related legal issues
- Management of nutritional issue and related problems in older adults
- Medication Safety Training program
- Wound care management
- Common mental health problems in Geriatric patient in clinical settings: Dementia, Delirium and Depression
- Nursing management of skin and related problems in geriatric patients
- Psycho-social-spiritual support for older persons at end-of-life

## Registration and Membership Committee

By the end of 2018, HKCGN has 66 Fellow Members who have successfully completed their renewal process. According to our record, 5 Fellow Members did not renew their membership due to various reasons such as retirement, change of working position and emigration. HKCGN would continue to support all eligible HKCGN members who have fulfilled the College's admission criteria to register as Ordinary members, and to apply for Fellow Member by completing a series of education program, examination and supervised practice in an area of specialization in a training site accredited by HKAN.



## Promotion and Public Relations Committee

Two Newsletter Issues were published in 2018, namely the July (Issue 28) and December (Issue 29). For each Issue, more than 1000 copies were produced and distributed to health professionals and carers for the elders via hospital settings, NGOs and residential care homes for the elderly.

The College Newsletter serves as platform for the health professionals and carers for the elders to share their successful collaboration projects and excellent updates of their current nursing practice innovations striving to increase efficient and effective nursing practice in elder care.

The theme of 2018 World Health Day campaign is 'Psychological Care'. To echo the World Health Organization's health initiatives, game booth was manned by the Council members and volunteers to promote the public's awareness of the importance of mental health on 7 April 2018 in Wong Tai Sin Plaza.



## College Educational Activities

Through the College's commitment to deliver Continuing Nursing Education programmes and educational activities, the HKCGN has been very active this year and have carefully selected activities that can address a range of issues pertaining to the health, care and well-being of older people and their family members. Continuous Nursing Education points were awarded to participants after successful completion. A summary of the activities conducted are summarized below.

### **CNE Update Courses co-joint program with the Hong Kong Association of Gerontology in 2018**

1. Abuse of Elderly and related legal issues from 04 Jan – 25 Jan 2018 (4 sessions)
2. Management of Nutritional Issue and Related Problems in Older Adults from 22 Feb – 29 Mar 2018 (6 sessions)
3. Counselling & Communication with Elders & Family Members from 27 Mar – 8 May 2018 (7 sessions)
4. Medication Safety Training Program from 3 May – 7 Jun 2018 (6 sessions)
5. Wound Care Management 2017 from 5 Jun – 26 Jun 2018 (4 sessions), 4 Nursing experts in Gerontology and Wound Care shared their expertise in wound management.
6. Common Mental Health Problems in Geriatric Patients in Clinical Settings: Dementia, Delirium & Depression from 23 Aug – 27 Sept 2018 (6 sessions)
7. Nursing Management of Skin and Related Problems in Geriatric Patients from 4 Oct – 25 Oct 2018 (4 sessions)
8. Psycho-social-spiritual support for older persons at end-of-life from 6 Nov – 11 Dec (4 sessions)

#### ● **14<sup>th</sup> Journal Club Sharing: Who finds out what, and which report is more credible?**

Prof. Claudia Lai. An experienced nursing professor in aged care provided an inspiration sharing on how to critique the research study and find the useful information on 26 Feb 2018.

#### ● **15<sup>th</sup> Journal Club Sharing: Advance Care Planning – What's it and why is it important?**

Prof. Helen Chan (Asso. Prof, the Nethersole School of Nursing, CUHK) delivered a talk on the importance of advance care planning on 25 June 2018

#### ● **16<sup>th</sup> Journal Club Sharing: Application of Frailty Screening Tool in the care of older persons**

Ms. Ho Shuk Kuen Sabrina (Nurse Consultant, Gerontology, HKEC) give a comprehensive sharing on different frailty assessment test on 26 September 2018

#### ● **17<sup>th</sup> Journal Club Sharing: Elderly and Technology**

Ms. Wong Ngar Sze Catherine (Assistant Manager, Private Hospital) would share the advanced technology for elderly clients in private care setting on 17 December 2018

## HKCGN 21<sup>st</sup> Anniversary Scientific Meeting cum AGM 201 “Building a Sustainable Quality Gerontological Healthcare” on 26 May 2018

We were delighted to invite Dr. CHUI Tat-yi, JP (Under Secretary for Food & Health), Dr. LEUNG Man-fuk (President of Hong Kong Association of Gerontology), Dr. LUK Ka-hay, James (President of Hong Kong Geriatric Society), Prof. Agnes Tiwari (Chairman of the Nursing Council of Hong Kong) and Mr. Lawrence POON (Chief Manager(Nursing) of Hospital Authority) as our officiating guests for the kick off ceremony.



The keynote speakers Dr. James Luk share the topic “New Frontiers in Geriatric Care in Hong Kong”, his experiences and has given us some directions and thoughts for the future development of gerontological nursing service in Hong Kong.



4 Oral presentations + 9 poster presentations was selected in the assembly





# Financial Report

**Douglas CPA (Practising) Limited**  
**Certified Public Accountants, Hong Kong**

**The Hong Kong College of Gerontology Nursing Limited**

**Reports and Financial Statements**  
**for the Year Ended 31 December 2017**

The full financial report composing of

- Director's Report
- Independent Audit's Report
- Statement Profit or Loss and Other Comprehensive Income
- Statement of Financial Position
- Statement of Changes in Equity
- Statement of Cash Flows
- Notes to the Financial Statements

## **Opinion**

In our opinion, the financial statements give a true and fair view of the state of the College's affairs as at 31st December, 2017 and of its surplus and cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards and have been properly prepared in accordance with the Hong Kong Companies Ordinance.

Approved and authorized by the Board of Directors on 26 May 2018.

Douglas CPA (Practising) Limited  
Certified Public Accountants  
Tsang Kwong Yip  
Practising Certificate No.: P040764